

WHS LGS Menu – Spring 1

Monday

Soup Station
Italian tomato soup
Garlic and herb bread

Main Dishes
Sandwiches – cheese, ham & tuna
may
Oven baked Jacket potatoes with
cheese & baked beans

Salad Bar
Crudites

Desserts
Lemon drizzle cake
Rich chocolate mousse pot
Jelly pots
Fresh fruit

Tuesday

Soup Station
Soup of the day
Toasted pumpkin seed bread

Main Dishes
Macaroni cheese
Crispy onion
Oven baked Jacket potatoes
with Tuna mayo
Fresh Pasta with Tomato sauce or
Basil pesto

Sides
Roasted potatoes
Sweetcorn

Salad Bar
A selection of simple salads
including
Tomatoes, cucumbers, sweetcorn,
Lettuce, beetroot, peppers and
carrot

Desserts
Chocolate sponge & chocolate sauce
Wimbledon Mess
Jelly pots
Fresh fruit

Wednesday

Soup Station
Soup of the day
Sundried tomato and herb bread

Main Dishes
Pork or chicken sausages
Vegan sausages
Oven baked Jacket potatoes
with cheese & baked beans
Fresh pasta with chunky
Tomato or mushroom sauce

Sides
gravy
Mashed potatoes
Broccoli

Salad Bar
A selection of simple salads
including
Tomatoes, cucumbers, sweetcorn,
Lettuce, beetroot, peppers and
carrot

Desserts
Apple crumble & custard
Chocolate popcorn bar
Jelly pots
Fresh fruit

Thursday

Soup Station
Soup of the day
Granary loaf

Main Dishes
Katsu chicken
Quorn Katsu
Oven baked Jacket potatoes
with cheese & baked beans
Penne pasta with beef
Bolognese, tomato sauce or
Pesto

Sides
Steamed Rice
Wok fried greens

Salad Bar
A selection of simple salads
including
Tomatoes, cucumbers, sweetcorn,
Lettuce, beetroot, peppers and
carrot

Desserts
Toffee apple cake with
sticky toffee sauce
Flapjack
Jelly pots
Fresh fruit

Friday

Soup Station
Soup of the day
Malty loaf

Main Dishes
Fish fingers
Quorn dippers
Oven baked jacket potatoes
with cheese & baked beans
Fresh Pasta with tomato sauce
or basil pesto

Sides
Chips
Peas and baked beans

Salad bar
A selection of simple salads
including
Tomatoes, cucumbers, sweetcorn,
Lettuce, beetroot, peppers and
carrot

Desserts
Yoghurt bar with toppers
Carrot cake
Jelly pots
Fresh fruit

All our meals are freshly made