

Wednesday 25th June

Dear Parents,

**Year 10-13 Sport – September 2025**

For those of you I have not seen recently, Sport is in full swing here at Wimbledon and students have been enjoying many opportunities across our Summer Sports.

Please see some information ahead of September that I hope you will find useful, including some upcoming dates pertinent to your daughter.

**Fixtures and Pre Season:**

We are looking forward to being back to our winter Games programme of Hockey and Netball, alongside all our other sports and our abundant co-curricular provision.

We will be asking students to take more of a proactive approach towards fixtures and their commitment from September and not rely on follow up chasing e-mails from the PE Department! More information to follow in September, but we'd appreciate your support as we move into next term.

I am delighted to provide you with details of the pre-season training ahead of the 2025-26 academic year.

**\*Please note** that the age group that refers to your daughter being in Year 10, is U15, Year 11 is U16 and Sixth is U18. Often 'Senior' is written for Rowing/Hockey/Netball referring to Year 11-13s.

Wednesday 27 <sup>th</sup> August	U14 + U15 Hockey Training	NR Astro	10:30-12:00
	Senior Hockey Training	NR Astro	12:00-13:30
Thursday 28 <sup>th</sup> August	U14 + U15 Hockey Training	NR Astro	10:30-12:00
	Senior Hockey Training	NR Astro	12:00-13:30
Friday 29 <sup>th</sup> August	J15, J16 and Senior Rowing	MBC	All day
	Senior Hockey Tour	Nottingham	13:00
Saturday 30 <sup>th</sup> August	Senior Hockey Tour	Nottingham	All day
	J16 and Senior Rowing Preseason	MBC	All day
Sunday 31 <sup>st</sup> August	Senior Hockey Tour	Nottingham	All day
	J15, J16 and Senior Rowing Preseason	MBC	All day
Monday 1 <sup>st</sup> September	J15, J16 and Senior Rowing Preseason	MBC	16:00 – 18:30
	U15, U16 and Senior Hockey	NR	10.30 - 12.30
Tuesday 2 <sup>nd</sup> September	Gymnastics Training and Trials Year 8-13	Sports Hall	14.30– 16.30
Wednesday 3 <sup>rd</sup> September	U15, U16 and Senior Netball Training and Trials	NR	14.30-16.30
	J15, J16 and Senior Rowing Preseason	MBC	16:00 – 18:30

### Co-Curricular:

The full co-curricular programme will be shared with students in September but in the meantime, please note that the main evening for Hockey/Netball for U13s will be Monday and U14 will be Thursday.

Please see below for additional sports that run alongside our co-curricular provision. Please note these will incur additional charges.

GOLF	We no longer organise lessons but would recommend contacting Royal Wimbledon who have a robust Junior Programme.  If your daughter plays regularly and has a handicap, please let me know.	Coutts <a href="mailto:catriona.coutts-wood@wim.gdst.net">catriona.coutts-wood@wim.gdst.net</a>
SKIING	Please see additional letter attached.	Kitty Lewis <a href="mailto:k.lewis@wim.gdst.net">k.lewis@wim.gdst.net</a>
TENNIS	Please see additional letter attached.	Barbara Snapes <a href="mailto:tennis@wim.gdst.net">tennis@wim.gdst.net</a>
FENCING	Letter to follow in due course.	Brian Riseley <a href="mailto:brianriseley@gmail.com">brianriseley@gmail.com</a>
EQUESTRIAN	We have a parent-led Equestrian Team – please e-mail for further information if your daughter is a proficient rider, has access to her own horse and competes regularly.	Kitty Lewis <a href="mailto:k.lewis@wim.gdst.net">k.lewis@wim.gdst.net</a>

### Mouthguards:

Your daughter will need a mouthguard for any participation in Hockey regardless of her age group – therefore this will be compulsory for Year 8 students, and dependent on curriculum choice for Year 9 (your daughter has already decided whether she is continuing with Hockey so will be able to tell you).

<https://titanmouthguards.com/products/titan-school-editions-wimbledon-high-school>

### Jewellery and Kit:

Whether participating in a performance Sport (Hockey/Netball/Rowing) on a Wednesday afternoon or taking part in the Year 11 Sporting Challenge or Sixth Fit programme, please ensure your daughter has appropriate clothing and footwear to be active - for Year 11 this is still smart school PE kit.

The body who informs the safe practice and regulations for all school sport include a zero tolerance policy on wearing jewellery in school sport. Already at Wimbledon High, we are very strict on this from a Health and Safety perspective, but please note that we will NOT be able to accept any taping of jewellery including earrings. Please can I recommend that ears are pierced this week so that earrings can be removed by September!

In order to be compliant with regulations, I'm afraid that your daughter will be unable to participate in any school sport at WHS whilst wearing any jewellery, contrary to piercing shop advice, pictures of elite sportswomen in the media or differing NGB rules. Thank you for your co-operation with this.

### **Sport Welcome Evening:**

On Monday 8<sup>th</sup> September at 6pm, I will be hosting an online TEAMS talk to parents with information about all things Sport at Wimbledon High. Please use this link [Sport Welcome Evening 2025](#) to join the call.

I am enormously looking forward to supporting your daughters through another year of their sporting journey at WHS so please do not hesitate to get in contact if you have further questions.

Until September, wishing you all a restful break.

Best wishes,

Coutts

**Director of Sport**

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