

Dear Parents,

Year 10 Sport – September 2026

For those of you I have not seen recently, Sport has been in full swing here at Wimbledon and students have been enjoying many opportunities across our Summer Sports.

Please see some information ahead of September that I hope you will find useful, including some upcoming dates pertinent to your daughter.

Please see some information ahead of September that I hope you will find useful, including some upcoming dates pertinent to your daughter – although a very busy first week, the list is not actually exhaustive as we will begin co-curricular sport clubs from Monday 7th lunchtime!

The age group that refers to your daughter being in Year 10 is U15.

We are looking forward to our usual full fixture programme and abundant co-curricular provision. The platform SOCS is how all fixtures, team sheets and co-curricular sport is shown and communicated. Further information will be provided in September, but in the meantime, please note that the main evening for U15 Hockey and Netball fixtures is Wednesday; training will take place before school or during lunchtime.

Wednesday 2 nd September	U15 Preseason Hockey	Nursery Road	2.00pm - 3.15pm
Friday 4 th September	U15 Preseason Football	Nursery Road	7.30am - 9.30am
Friday 4 th September	U15 Preseason Netball	Nursery Road	2.30pm - 4.30pm
Wednesday 9 th September	Gymnastics Trials Leotard of your choice. Leggings/shorts are welcome too.	Sports Hall	4.00pm - 5.30pm
Friday 11 th September	All students will have their first Games Lesson Students will be told what sport or activity they are taking part in.	Nursery Road	10.45am
Friday 11 th September	Swimming Trials (This is for competitive swimmers who are confident over several lengths in multiple strokes. There is an additional recreational session every week for those who want to swim for leisure, rather than compete). Black Swimming costume, goggles, hat and towel.	Swimming Pool	4.00pm - 5.15pm

There are some additional sports within our co-curricular programme that your daughter might like to be involved in. Please note that these incur additional charges.

GOLF	We no longer organise lessons but would recommend contacting Royal Wimbledon who have a robust Junior Programme. If your daughter plays regularly and has a handicap, please let us know.	Dan Creasey d.creasey@wim.gdst.net
SKIING	Please see additional letter.	Kitty Lewis k.lewis@wim.gdst.net
TENNIS	We offer a Tennis Academy all year round for individual or group lessons. Please see additional letter.	Barbara Snapes tennis@wim.gdst.net
FENCING	Please contact Brian if you are keen to do Fencing lessons.	Brian Riseley brianriseley@gmail.com
EQUESTRIAN	We have a parent-led Equestrian Team – please e-mail for further information if your daughter is a proficient rider, has access to her own horse and competes regularly.	Kitty Lewis k.lewis@wim.gdst.net
ROWING	We have a well established Rowing programme from J13 upwards – all abilities welcome.	Alex Watson a.watson@wim.gdst.net

Mouthguards:

Your daughter will need a mouthguard for any participation in Hockey regardless of her age group.

Jewellery:

The body who inform the safe practice and regulations for all school sport include a zero tolerance policy on wearing jewellery in school sport. Already at Wimbledon High, we are very strict on this from a Health and Safety perspective, but please note that we will NOT be able to accept any taping of jewellery including earrings. Please can I recommend that ears are pierced this week so that they can be removed by September!

In order to be compliant with regulations, I'm afraid that your daughter will be unable to participate in any school sport at WHS whilst wearing any jewellery, contrary to piercing shop advice, pictures of elite sportswomen in the media or differing NGB rules. Thank you for your co-operation with this.

Sport Welcome Evening:

On Tuesday 8th September at 6pm, I will be hosting an online TEAMS talk to parents with information about all things Sport at Wimbledon High. Please use the link [Sport Welcome Evening 2026 | Meeting-Join | Microsoft Teams](#) to join the call.

I am enormously looking forward to supporting your daughters through their continued sporting journey at Wimbledon High, so please do not hesitate to get in contact if you have further questions.

Until September, wishing you all a restful break.

Best wishes,

Coutts

Director of Sport

catriona.coutts-wood@wim.gdst.net