

Structure of the School Day - Seniors

ISI Regulation	
Reviewed by	Ferdinand Doepel, Deputy Head Academic
Date	September 2026
Date of Next Review	September 2027

Structure of the Senior School (Teaching) Day - Monday, Tuesday, Wednesday and Friday

Time	Activity	Notes
8.30 - 8.35am	AM Registration	Monday only
8.40 - 8.55am	Whole (Senior) School Assembly	Monday only
8.40 - 8.55am	AM Registration and Form time/Year or House Assembly	Tuesday - Friday
9.00 - 9.40am	Period 1	5 minute gaps between lessons to allow for movement around the site; double period lessons should continue through this time
9.45 - 10.25am	Period 2	
10.25 - 10.45am	Break	
10.45 - 11.25am	Period 3	
11.30am - 12.10pm	Period 4	
12.15 - 12.55pm	Period 5	
12.55 - 1.40pm	Lunch 1	
1.40 - 2.25pm	Lunch 2	
2.25 - 2.30pm	PM Registration	
2.35 - 3.15pm	Period 6	
3.20 - 4.00pm	Period 7	

Structure of the Senior School (Teaching) Day - Thursday

Time	
8.40-8.55am	AM Registration
9.00-9.40am	Period 1
9.45-10.25am	Period 2
10.25-10.45am	Break
10.45-11.25am	Period 3
11.30am-12.10pm	Period 4
12.15-12.55pm	Period 5
12.55-1.50pm	Lunch
1.55-2.25pm	PSP/Period 6
2.25-2.30pm	PM Registration
2.35-3.15pm	Period 7
3.20-4.00pm	Period 8

Co-Curricular Timings.

Regular Saturday Co-Curricular Activities			
Event	Start	Finish	Length
Sports Fixtures	09:00	13:30	270
SHINE	09:00	13:00	240

NB – There are some clubs and societies that span the majority of the lunch period due to the nature of the activity.

Timings for sports fixtures on Saturday mornings are approximate and vary based on the distance to travel and the nature of the activity.